

Freedom Area SD 9th-12th Lunch Menu April 2025

Director of Food & Nutrition

Natalie Roser

724.775.7400 x115

foodservice@freedomarea.org



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken & Waffles Crispy Tater Tots Assorted Fruit Choice Choice of Milk	2 Macaroni & Cheese w/ Garlic Toast Steamed Peas Assorted Fruit Choice Choice of Milk	3 Chicken Quesadilla Seasoned Steamed Golden Corn Assorted Fruit Choice Choice of Milk	4 Bosco Sticks w/ Dipping Sauce Steamed Broccoli Assorted Fruit Choice Choice of Milk
7 Cheeseburger Steamed Seasoned Corn Assorted Fruit Choice Choice of Milk	8 Roasted Turkey over Mashed Potatoes Steamed Corn Assorted Fruit Choice Choice of Milk	9 BBQ Pulled Pork Sandwich Baked French Fries Assorted Fruit Choice Choice of Milk	10 Nacho Grande Seasoned Steamed Corn Assorted Fruit Choice Choice of Milk	11 Pierogies w/ Dinner Roll Steamed Mixed Vegetable Assorted Fruit Choice Choice of Milk
14 Pasta & Meatballs w/ Garlic Breadstick Steamed Broccoli Assorted Fruit Choice Choice of Milk	15 Holiday Brunch! French Toast Bar w/ Sausage Patties Crispy Tater Tots Assorted Fruit Choice Choice of Milk	16 No School	17 No School	18 No School
21 No School	22 Chicken Nuggets w/ Pretzel & Cheese Sauce Seasoned Steamed Mixed Vegetables Assorted Fruit Choice Choice of Milk	23 Meatball Hoagie Baked French Fries Assorted Fruit Choice Choice of Milk	24 Walking Taco w/ Beef & Cheese Seasoned Steamed Corn Assorted Fruit Choice Choice of Milk	25 Chicken & Broccoli Alfredo Assorted Vegetable Choice Assorted Fruit Choice Choice of Milk
28 Ham & Cheese on a Pretzel Bun Seasoned Steamed Carrots Assorted Fruit Choice Choice of Milk	29 Salisbury Steak & Butter Noodles Steamed Green Beans Assorted Fruit Choice Choice of Milk	30 Bacon Cheeseburger Baked French Fries Assorted Fruit Choice Choice of Milk	*Look for New Menus on SchoolCafe.com!	

What makes a meal?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

Milk Options

Whole Milk, Strawberry Milk, Chocolate Milk

Fruit & Veggie Options

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

Alternate Menu Options

Monday, Wednesday, Friday:
PBJs

Tuesday & Thursday:
Yogurt Baskets

Salads, Chicken & Fries, Pizza served daily

The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

